WYOMING SNA SPRING NEWSLETTER





"Our Annual State SNA Conference plans are in full bloom! Conference will be held 24-27 in June Cheyenne Wyoming. We have a great line up of classes and teachers scheduled. Among those joining us for the conference will be the First Lady Jennie Gordon AND...." Continued on pg. 4

School Breakfast Week was a huge success for districts across the state as students and staff celebrated "surf's up with school breakfast!"









CLICK <u>HERE</u> TO REGISTER FOR STATE CONFERENCE

JUNE 24TH-27TH CHEYENNE, WYOMING





CLICK HERE FOR WY
SNA MERCH

NATIONAL SCHOOL BREAKFAST WEEK





PARK #1 celebrated NSBW with a fun themed menu: including Shark bite oatmeal, surf board french toast, sunshine smoothies, sandy beach parfaits, and pineapple upside down pancakes! They also handed out leis, inflatable beach balls, had guest servers and more!

CROOK #1 celebrated NSBW with a surfs up theme. They served Long board Johns, Wipe out Parfaits, Hang Ten french toast and stoke muffin. They dressed up Thursday and decorated.













Laramie County School District celebrated National School Breakfast Week March 4-8, 2024. We ran a promotion in which breakfast was free to all students. 17,234 free breakfasts were served to students. District wide breakfast participation went up over 49%. Students enjoyed crab croissant sandwiches, beach yogurt parfait cups, and pineapple mango smoothies! The Governor, First Lady, and Superintendent of Public Instruction joined us at Henderson Elementary for a Proclamation





Laramie County SD #1 NSBW

- Free breakfast for all students
- 17,234 FREE breakfasts served
- · 49% district participation increase
- Crab Croissants
- Beach Yogurt Parfait Cups
- Pineapple Mango Smoothies



National School Lunch Theme 24/25 School Year





PRESIDENT'S MESSAGE

"Every spring I am amazed at how our world shakes off the cold and produces vibrant colors and smells. I personally find myself having a renewed energy to make good things happen. As an SNA Board we have been working hard during the cold days of winter to show you that Wyoming SNA can bloom too! We will be sharing with you (via our website) resources that we hope will be beneficial to both you and your staff. Those resources will focus on the areas of recipes, special diets, offer vs. serve, nutrition software & SIS networking, and Serve Safe exam. Be on the lookout for those resources to start popping up on the website.

"Our Annual State SNA Conference plans are in full bloom! Conference will be held June 24-27 in Cheyenne Wyoming. We have a great line up of classes and teachers scheduled. Among those joining us for the conference will be the First Lady Jennie Gordon AND you won't want to miss BINGO night! I hope you will consider attending the conference and taking advantage of the wealth of knowledge and networking opportunities that will be available to you. Registration will be available in about a week. Stay tuned!

"Finally, as my term comes to a close, I want to encourage anyone who might be interested in serving on the SNA Board to give it a try. We have several board positions to fill. Vice President, Vendor Show Vice, Legislative Vice, NW Regional Rep and SE Regional Rep. Please feel to reach out to anyone on the board for more information.

I look forward to seeing many of you this June, until then,

'Bloom where you are planted!'"

Holly Cawley



JUNE 24TH-27TH CHEYENNE, WYOMING



WYOMING SNA IN WASHINGTON D.C.



The Legislative Action Conference (LAC) in Washington DC was a significant event for the representatives from Wyoming, despite the challenges of it being an election year. The delegation from Wyoming, led by LAC Chairperson Natalee Gaylord along with Tami Ratcliff, Carbon#1, Ashley Roth, Laramie#1, Doug Hazen and Rosanna Rusch from Bighorn#2 made a strong effort to advocate for the needs of Wyoming's children.

The group had meetings with key figures such as Congresswoman Hageman's office, Senator Lummis' office, and Senator Barrasso. While there are bills supporting school lunch in progress, progress on them seems slow, possibly due to the complexities of securing funding in Wyoming. However, efforts are being made locally to address the issue, with Tami and Ashley collaborating with First Lady Jennie Gordon to potentially provide free lunch for all students in the future.

Regarding updates from the USDA, there was anticipation about a new ruling, particularly regarding the status of chocolate milk in school lunches, although nothing official has been announced yet. The delegation remains hopeful and committed to advocating for the best interests of Wyoming's children.

Overall, it seems like despite the challenges, the representatives from Wyoming are determined to continue fighting for the well-being of their students.

NOMINATE YOUR STAFF MEMBERS



DIRECTOR OF THE YEAR:



FOOD SERVICE EMPLOYEE OF THE YEAR:



WYOMING GROWN *FARM TO SCHOOL*





Join the Mountain Plains Regional Crunch off during the month of October *National Farm to School Month* to show support to your local farmers, and provide student education on where and how their food is grown!

Get your FREE printable "Wyoming Grown" labels:









For a list of State and Federal Meat Plants in Wyoming



WYOMING GROWN PRODUCE

Papa Joe's Produce Sheridan 307-751-7422

Farm Table West (Cody)- https://farmtablewest.com/pages/contact-us
Zach used to go around and get me produce from all over (Bridger, MT to Worland, WY) in a lot of ways he operates like LeAnn but out of Cody.

Shoshone River Farms (Cody)- https://www.shoshoneriverfarm.com/#h.9a9sjffzkiv3
I started fresh produce with Scott, he has an updated wholesale sheet he sends every week

Greybull Valley Produce (Greybull) - https://www.wyomingfresh.com/contactinfo
Doing great things and deliveries

Wyoming Authentic Meats (Cody)- https://wyominggourmetbeef.com/
I sold this product at a ski area and tried to make it work in school but couldn't maintain the price point.

Gallagher Meats (Clark)- https://gallaghernaturalbeef.com/about-gallagher-natural-beef/
I never used these guys but they have sweet corn and meats. I know Park 6 worked with them last year.

Wyoming Legacy Meats (Cody)- I had a great working relationship, they even were smoking hotdogs for me (they were not perfect so together we gave up). It has since been sold and I have never worked with the new owners.

Franks Butcher Shop Hudson Wy They deliver, Beef Pattys 90-10 as well as Beef dogs Pretty much anything

307 Processing Laramie Wyoming

They also have some delivery And have Beef pattys and Beef dogs and pork as well as smoked meats

Gluten-Free Oats (Powell)- I bought a lot of oats and oat flour from these guys for baking. Then I trimmed the staff and we had to let it go.

Lloyd Craft Farms (Worland)- I never bought direct but they have VERY FUN vegetables and lots of melons!

Wyoming Heritage Grains (Ralston)- https://www.wyomingheritagegrains.com/
Sara is rather new to the scene but she is everywhere- she supplies flour to a lot of bakeries/pizza places/etc. Pretty darn sure she would work on a Wyoming-baked something with her flours we could call our own too if we asked





APPROVED HONEY SOURCES

BRYANT HONEY, INC	114 TA-BI DR WORLAND, WY 82401 307-347-8601
CHEYENNE	2040 CARLS RD CHEYENNE, WY 82009 307-637- 8048 CHEYHONEY@GMBIL.COM
COLVA HONEY WORKS	220 N 5TH WEST RIVERTON, WY 82501 307-856- 2407
HONEY HOUSE	103 4TH STREET RAWLINS, WY 82301 801-845- 6830 HUNTERJO296@GMAIL.COM
HOWARD'S HONEY	152 S FIRST ST WEST COWLEY, WY 82420 307-548- 7879
IBACH HONEY	901 PORTER AVE RIVERTON, WY 82501 307-752- 7401 MIKE.IBACH14@GMAIL.COM
JIM'S HONEY	220 W ADAMS AVE RIVERTON, WY 82501 307-851- 7238 JWN1eZWAAG@BRESNAN.NET
KUTZER HONEY	851 MINIWEB AVE RIVERTON, WY 82501 307-851-7107
MILLER HONEY HOUSE	1305 E MAIN SUNDANCE, WY 82729 307-283-1349
RIVER ROAD HONEY LLC	209 8TH AVENUE NORTH GREYBULL, WY 82426 307-765- 4301 RRHBEELINE@GMAIL.COM
WYOMING BEEMAID HONEY	119 US HWY 16 E BUFFALO, WY 82834

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SUNSHINE HONEY COMPANY	14016 GRADY CASPER, WY 82601 307-259-1163
TONGUE RIVER HONEY	PO BOX 211 DAYTON, WY 82836 307-863- 6383 REXNNREED55@GM&IL.COM
WIND RIVER HONEY	PO BOX 1625 RIVERTON, WY 82501 307-856-4239
WONDERFUL WYOMING HONEY	7372 HWY 26 CROWHEART, WY 82512 307-455-3456
WYOMING BEEMAID HONEY	119 US HWY 16 E BUFFALO, WY 82834
WYOMING GOLD HONEY (COMMISSARY DEPENDENT)	PO BOX 412 MOUNTAIN VIEW, WY 82939 307-787- 6928 RANDYDEANO11@GMAIL.COM
ZELLER AND SONS HONEY COMPANY	974 RD 7 COWLEY, WY 82420 307-548-2818
BE'S BEES	2228 FAIRVIEW DR LARAMIE, WY 82070 307-742-0853
QUEEN BEE GARDENS	262 E MAIN ST LOVELL, WY 82431 307-548- 2818 Ben@queenBeegardens.com
WYOMING BEEMAID HONEY	119 US HWY 16 E BUFFALO, WY 82834



THEMED MENUS





Park County School District

#1's valentines "heart" bar

featured dates and red and

featured dates and vegetables.

pink fruits and vegetables.

Help increase participation by incorporating Holidays and National Food Days to your menu!













RECIPES

APPLE NACHOS



1 Serving:

1 cup apples2 oz vanilla yogurt1 TB Chocolate syrup

Place 1 Cup sliced apples in an 8oz boat, top with 2 oz vanilla yogurt. Drizzle 1T (or less) chocolate syrup.

Credits: 1 C Whole Fruit, .5oz M/MA

*Note: offer with granola for a grain component.

RASPBERRY DREAMSICLE OATMEAL



50 servings:

25 C gluten free oats
2 Gallons water
16 Cups low-fat milk
1 Cup Orange Juice
2 T vanilla
1 T cinnamon
1 t salt
4 Cups raspberry puree
12.5 C raspberries
10.5 C mandarin oranges 2 cups of the juice
6.25 C Vanilla yogurt
.25 Pounds brown sugar

- 1. Bring water and milk to a boil over medium high heat.
- 2. Add oats, cinnamon, brown sugar, and salt.
- reduce the heat and simmer for 15 minutes, stirring occasionally.
- 4. In the last 5 minutes of cooking add orange juice, mandarin juice, yogurt, and puree to the oats.
- 5. Top with mandarin oranges and raspberries.

Credits: 2 Grain, .5 C fruit, .25 M/MA

MEDITERRANIAN SIDE SALAD



50 Serving:

50 C Lettuce
25 C tomatoes
3 C olives
3 C Pepperoncini
25 C cucumber
1 C dried Parsley
1 C Dried Basil
12.5 C red onions
12.5 C Chickpeas

- 1. Chop and cup lettuce.
- 2.Top with tomatoes, olives, cucumbers, and pepperoncini
- Mix chickpeas with dried seasonings and chopped onions and place on salads.

Credits: 0.5 Dark Green, 0.25 Beans, 0.25 Red/orange, 0.25 other

RECIPES



LCSD #2 SWEETHEART ROLLS

Serves 100

7 pounds 4 2/3 ounces of FLOUR, ULTRA GRAIN T2 BLEND

2 cups 8 tablespoons of SUGARS, GRANULATED

1 cup 10 tablespoons 2 teaspoons of MILK, PWDR FAT FREE INSTANT

1 tablespoon 2 teaspoons of SALT, TABLE

2 1/2 teaspoons of SPICE, NUTMEG, GROUND

6 tablespoons 2 teaspoons of YEAST, INSTANT SAF

2 quarts 1 cup 2 tablespoons 2 teaspoons of BEVERAGES,H2O,TAP,DRINKING

5/8 pound of SHORTENING, CRISCO

7 1/2 x 1 large of EGG,WHL,RAW,FRSH

Mix flour, sugar, dry milk, salt, nutmeg, and yeast together. Add warm water (between 80°F-100°F), eggs, and shortening. Mix until doughs pulls from the sides of the mixer. Let raise. Make into 3 lb balls. Let raise again. Pat balls of dough out on floured prep counter, flattening dough with hands.

1 pound 9 ounces of SUGAR, BROWN LIGHT

10 tablespoons of SUGARS, GRANULATED

2 tablespoons 1 1/2 teaspoons of SPICE, CINNAMON GROUND

3 ounces 9 1/2 grams of BUTTER, SOLID UNSALTED KOSHER

Filling: Mix sugars together, add cinnamon. Melt butter. Baste surface of dough with melted butter and sprinkle with cinnamon sugar mixture (3/4 cup mixture to each 3 lb ball of dough). Roll up with hands and cut in equal slices. Each 3 lb dough will yield 20 cinnamon rolls. Place slices on paper lined pan 5X6. Bake at 350°F until golden brown. Let cool.

6 2/3 ounces of BUTTER, SOLID UNSALTED KOSHER

2 cups 8 tablespoons of SUGARS, GRANULATED

3 pounds 8 2/3 ounces of SUGAR, PWDR

1 tablespoon 1/2 teaspoon of FLAVORING, VANILLA IMITATION

1 cup 7 tablespoons 1 teaspoon of MILK, WHITE 1% LOWFAT ANDERSON

Frosting:

Mix butter, granulated sugar, and 1/2 of the milk in sauce pan. Bring to a boil. Boil for 10 minutes or until mixture looks glossy. Add confectioner sugar and vanilla. Add rest of the milk to bring frosting to spreadable consistency. Apply to cooked rolls.